



'Switch' is a 75 minute double-bill of entertaining new dance work, an exciting collaboration between ACE's directors Gail and Ian Parmel with guest choreographers. Six agile dancers push themselves to their physical limits in a sophisticated mix of dance, music and awe inspiring visuals. Watch ACE for a night of full-on dance to make you think and feel.

'Switch' Choreographed by Artistic Director Gail Parmel and dancers. Movement collaboration by Andille Sotiya. A highly technical, pure movement piece with powerful Japanese projections. Dancers form a circuit board; charge from a power source and transfer energy between each another.

'Listen' Choreographed by Douglas Thorpe. Artistic Collaboration from Gail Parmel. An unsettlin portrayal of modern day war, with fast and precise phrases and Eastern style ultra-controlled movement and mime. 'Listen' explores post-traumatic stress, flashbacks and power struggles.

About ACE dance and music: ACE is a multi-cultural company that combines captivating contemporary dance with African and Caribbean movement styles, creating exciting and enriching dance experiences which are appealing to all, complimented by an education programme, annually engaging thousands of people.

Credits: Visual Stage Design (projections): Akihiko Kaneko // Music: Ian Parmel in collaboration with: Peter Maxwell, Junior Willocks, Benjamin George // Lighting: Heidi Riley // Stage Design: Claire Witcombe // Costumes: Selina Nightingale "Full of energy, creativity and promise." West Midlands Dance

"Highly stylised contemporary movement with borrowed timing and execution from Hip Hop... the production quality and dancers' technique was second to none."

Londondance.com

"Disturbing. Current. Real. Thought provoking. Clever. Daring." Audience member

"I know very little about dance but found it fascinating and exciting to watch, the dancers were amazing. A powerful performance." Audience member

"Fantastic, unique choreography and visual images, exciting, thought provoking, on the edge and disturbing. Pina Bausch and Steve Reich, visit Apocalypse NOW!! "
Audience member

"Exhilarating to watch." The Birmingham Post on 'Skin'

Sat 6 February	British Dance Edition	www.bde2010.co.uk
Tues 9 February	Roses Theatre, Edge Hill University Lancs	www.edgehill.ac.uk/rosetheatre/ 01695 584480
Wed 10 February	Alnwick Playhouse	01665 510785 www.alnwickplayhouse.co.uk
Tues 23 and Wed 24 February	Warwick Arts Centre, Coventry	www.warwickartscentre.co.uk 024 7652 4524
Sat 27 February	The Place, London	www.theplace.org.uk 020 7121 1000
Mon 1 - Sat 6 March	Norwich Playhouse	www.norwichplayhouse.co.uk 01603 598 598
Tues 11 March	Loughborough Town Hall	www.loughboroughtownhall.co.uk 01509 231914
Fri 12th and Sat 13th March	Cambridge, venue TBC	
Fri 19 March	Dorchester Arts Centre	www.dorchesterfestival.co.uk 01305 266926
Sun 21 March	Helmsley Arts Centre, North Yorkshire	www.helmsleyarts.co.uk 01439 771700
Tues 23 March	Salisbury Arts Centre	www.salisburyartscentre.co.uk 01722 321 744
Thurs 25 March	Artrix, Bromsgrove	www.artrix.co.uk 01527 577330

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